- 1) Begin your time by briefly praying and asking the Holy Spirit to help you as you discuss and study.
- 2) Read Romans 8:26-27 together.
- 3) What stuck out to you as you read? Is there anything you don't understand? Is there anything you'd like to discuss?
- 4) How would you describe the work of the Holy Spirit in these verses? What exactly is going on?
- 5) Can you think of a time in your life when you didn't know how you ought to pray? Explain.
- 6) Are these verses encouraging for you? If so, why?
- 7) These verses begin with the word "likewise" which connects these verses with what Paul has previously said in Romans 8. How do verses 26-27 connect to the overall message of the passage?
- 8) Respond to this quote from Sam Storms about prayer:
  - "Don't be obsessed with "how" you pray. It betrays the assumption that prayer is a kind of religious formula or magical incantation that requires just the right words to prevail. People often think that the wrong words will anger God or frustrate him and provoke him to say no to their requests. Remember Romans 8:26–39."
- 9) We don't need to be too obsessed with "how" to pray, but at the same time, the Bible does teach us some things about how to pray. What passages in the Scriptures can you think of that teach us about prayer?
- 10) End your time in prayer. Ask God to help you apply the things you've discussed and learned during this time of study.

<sup>&</sup>lt;sup>1</sup> Storms, Sam. Understanding Spiritual Warfare: A Comprehensive Guide (p. 323). Zondervan. Kindle Edition.