- 1) Begin your time by briefly praying and asking the Holy Spirit to help you as you discuss and study.
- 2) Read Romans 8:5-8 together.
- 3) What stuck out to you as you read? Is there anything you don't understand? Is there anything you'd like to discuss?
- 4) Compare the mindset of the *flesh* and the *Spirit* (8:5–8). What is most striking about this contrast?
- 5) In what ways are you tempted by the mindset of the flesh?
- 6) Paul says that we can choose to set our minds on the things of the Spirit. How do we do this? What does it look like?
- 7) Read Ephesians 5:18 together. This verse compares drunkenness with being filled with the Spirit. How is drunkenness a fitting metaphor for being filled with the Holy Spirit?
- 8) Read Colossians 3:1-17 together.
- 9) This passages contrasts and explains the way of the flesh and the way of the Spirit. It tells us to take off the ways of the flesh and to put on the ways of the Spirit. What stuck out to you in this passage?
- 10) What does the Bible tell us to do if we are struggling with sin (i.e. walking in the ways of the flesh)?
- 11) End your time in prayer. Ask God to help you apply the things you've discussed and learned during this time of study.

Some of these questions taken and adapted from: Tony Merida, <u>Exalting Jesus in Romans</u>, ed. David Platt, Daniel L. Akin, and Tony Merida, Christ-Centered Exposition Commentary (Nashville, TN: Holman Reference, 2021), 131.