

- 1) Begin your time by briefly praying and asking the Holy Spirit to help you as you discuss and study.
- 2) Describe a time when someone really encouraged you.
- 3) Describe a time when someone really hurt you with their words.
- 4) Read Provers 18:21, Proverbs 12:18, Proverbs 13:3, Proverbs 15:4, Proverbs 10:11, Proverbs 16:27-28, Proverbs 29:5, Proverbs 12:17, and Proverbs 17:4 together.
- 5) As a group, using the passages that you just read, synthesize the overall message of Proverbs about our speech. (Maybe write 2 or 3 sentences as a group).
- 6) Read Luke 6:45 together.
- 7) Luke 6:45 teaches a truth that is the opposite of how we often think. It's not that our good deeds make us good, or that our evil deeds make us evil. Rather, a good heart will produce good deeds. And a bad heart will produce bad deeds. Is this how our culture thinks? Explain.
- 8) If what Jesus teaches in Luke 6:45 is true, then the most important thing is getting a good heart. If someone read this verse and asked you, "How can my heart change?" what would you tell them?
- 9) Read James 1:19-27 together.
- 10) What stuck out to you as you read this passage? Is there anything you don't understand? Is there anything you'd like to discuss?
- 11) In reading James 1:19-27, what do you think is the key to guarding our words and using them well?
- 12) End your time in prayer. Ask God to help you apply the things you've discussed and learned during this time of study.