- 1) Begin your time by briefly praying and asking the Holy Spirit to help you as you discuss and study.
- 2) Read Proverbs 6:1-19 together.
- 3) What stuck out to you as you read? Is there anything you don't understand? Is there anything you'd like to discuss?
- 4) In verses 1-5, Solomon is helping his son to understand the danger of indebtedness "putting up security for a neighbor" (similar to co-signing a loan) or the danger of making a promise too flippantly "given your pledge for a stranger" (similar to signing a contract). Why are these activities dangerous? Why is Solomon warning his son (and us) about these activities?
- 5) Is debt wrong? Yes? No? Maybe? Discuss.
- 6) In verses 6-11, Solomon compares an ant to a sluggard. He encourages readers to be like the ant, and not like the sluggard. What can learn from ants?
- 7) Discuss the difference between laziness and a healthy work/life balance. Both overworking and laziness can be sins. Do you tend towards over-working or under-working? How can we be healthy in this regard?
- 8) One of the gifts God has given us to help us rest is the gift of Sabbath. What is sabbath? What should it look like in the 21st century? Do you make it a practice to sabbath?
- 9) In verses 12-15, Solomon describes a "worthless person" and a "wicked man." What sticks out to you about his description?
- 10) In verses 16-19, Solomon gives a list of things that the Lord hates. As a group reword this list of sins into modern language.
- 11) Which of the sins in this list are you more prone to fall into? Is it surprising for you to realize that God hates these things?

- 12) What does true repentance look like? Why is it so hard sometimes? How can God help us repent of sin?
- 13) End your time in prayer. Ask God to help you apply the things you've discussed and learned during this time of study.¹

¹ Some of these questions taken or adapted from Brownback, Lydia. Proverbs (Knowing the Bible) . Crossway. Kindle Edition.